

With Jo's impeccable preparation,  
we delivered our presentation, without trepidation.  
Her powerpoint was informative, from researcher perspective,  
a tough act to follow. I'd need to be selective  
in communicating both remit and value of PEACH,  
to the most erudite audience I'd yet to reach.  
I talked of the tricky issue of stewardship,  
relaying enthusiasm for the topic, this was no hardship.  
The PPI had been cutting edge and novel,  
the activities taking us to a completely new level.  
Josie's thorough training on triangulation of data,  
she'd chosen baking, but that didn't matter.  
It was the concept that I needed to learn to apply,  
so the task could be completed, without going awry.

The next part of the Hub was hearing of others' research,  
as they try to find answers and diligently search  
to make patients' lives better, and in more robust health,  
far more important than an aspiration of wealth.  
Topics were varied, rich in detail and content.  
Facets were debated, such as recruitment & consent,  
Diabetes, sun safety, and atrial fibrillation.  
Vaccines, pathways, sleep, risk assessments,  
all striving to achieve significant improvements.  
Ways of communicating, including social media platforms,  
could potentially for dissemination, totally reform  
mechanisms for reaching seldom heard communities  
in urban, rural and coastal localities.

As the Hub drew to a close, I had twinges of sadness,  
but that didn't suppress the overwhelming gladness.  
As presenters, Jo and I made a pretty good team,  
I'm sure this event had added to self-esteem.  
Our hosts were so welcoming, friendly, and warm,  
Inspiring, well organised and above all, calm.  
Co-ordination was outstanding, second to none,  
One of the most rewarding activities I've ever done.

Margaret Ogden, Lead Public Patient Involvement Representative for the PEACH Study